

CRD BIKE-A-THON 2013

Registration Form

Participant Name: _____

Address: _____

Phone: _____ **e-mail:** _____

- Age:**
- 18 or older
 - Under 18 (must have parental consent and participate with an adult willing to take responsibility for them.)

Room options during the ride from expensive to inexpensive:

- I wish to stay in luxurious hotels if available.
- I wish to stay in standard hotels with rooms that have private baths.
- I am willing to stay in rooms without baths and use the hallway bathroom.

Roommate options during the ride from expensive to inexpensive:

- I will rent rooms as a single
- I would like one roommate (2 to a room) if possible
- I would like to have two roommates (3 to a room) if possible

Attached is my check for \$500.00 to register for the ride.

Credit card payment for the registration can be done online at www.crdfriends.org

Your registration is not complete until payment is received and has cleared your bank.

Additional payment to cover your hotel room during the ride will be collected later after the room is reserved for you.

I certify that I am healthy enough to participate in this ride.

I do not hold the organizers of the ride responsible for any harm that may come my way during the ride.

Signature: _____

Date: _____

Parent or legal guardian of participant under 18 years old:

I certify that person named above has my permission to participate in this ride.

I certify that person named above is healthy enough to participate in this ride.

I do not hold the organizers of the ride responsible for any harm that may come the above named person's way during the ride.

Signature: _____

Date: _____

Organizing committee recommends that:

- You train regularly at least 3 months in advance of the ride.
- Take a few rides of similar length and difficulty during your training. The terrain is quite mountainous.
- Have and bring your long distance road bike to Armenia with you.
- You have clip on riding shoes and pedals that work with them and are well verse on riding with them.
- You wear riding shorts with padding. **Helmets are required.**

Mail this filled out and signed form with a check for \$500 payable to:

SCACRD

P.O. Box 655

Menlo Park, CA 94026

Payment Option: I have paid by credit card online.